

Redondo Beach, CA 90277 * Toll Free (424) 390-4066 info@energyquixotica.com * www.lifestylequixotica.com

Product Information

Immune Synergy Max

Today more than ever our immune systems are compromised due to nutritional deficiencies, pharmaceutical drug side effects, chemotherapy, radiation, genetically modified foods, chemical exposures and more.

To help combat these lifestyle issues, we created a unique and potent organic mushroom formula ideal in repairing, rebuilding and maintaining health. Immune Synergy Max supports immune health with a blend of highly researched and effectively concentrated mushrooms combined with the polyphenol nutrient support of green tea.† Immune Synergy Max provides beta 1,3 & 1,6 d-glucan and a range of bioactive compounds that have been shown to potentiate a positive immune response.† Grown in the USA under rigidly controlled conditions, these mushroom are made with 100% certified organic ingredients.

Additional health benefits include blood sugar level support, improvement in leaky gut, bronchitis and other diseases, increased cardiovascular health, bone health and delivery of anti-cancer properties. Immune Synergy Max contains organic Reishi, Maitaki, Shiitake, Cordyceps, Turkey Tail and Blazei mushrooms, all research backed and proven to enhance, repair and rebuild immune system function and provide benefits for most modern day disease processes.

Your Immune System and Nervous System Talk

Your immune system is connected to the nervous system. The brain sends signals to the adrenal glands to secrete hormones into the blood and these hormones talk to the immune cells. Further, nerve cells talk to immune cells. These important immune cell communications are constantly bombarded by environmental, physical, emotional and chemical stressors and toxins. White blood cells, antibodies, lymphocytes & hormones help support and stave off these stressors, but in overload mode their ability to perform at optimum levels diminishes. As a result, your immune system is compromised and has decreased ability to fight off modern day diseases.

Even those that diligently work on eating right, exercising, hydrating properly and periodically cleansing and detoxifying the body are often negatively impacted.

We know how to rebuild the bodies innate defesnes and have for over 30 years. One step in that process is to use our Immune Synergy Max, a fully organic, high potency combination of Reishi, Cordyceps, Maitake, Shitake, Turkey Tail and Blazei medicinal mushrooms with profound healing properties.

Why Reishi?





Improved Immune, Anti-Cancer/Tumor Shrinking, Cardiovascular Benefits, AIDS, Leaky Gut, Blood Sugar Level Control, Lowers Blood Pressure, Helps Bronchitis & Other Infectious Diseases, Liver Protectant & More

Reishi mushroom is considered one of the 5 most important adaptogenic foods on the planet. It contains polysaccharides and other compounds that combat bacteria and viruses and boost the immune system. A powerful Immuno-stimulant, it is helpful in AIDS, Leaky Gut Syndrome, Epstein-Barr and other infectious viruses. It also has a demonstrated ability to inhibit growth of some malignant tumors and has a potent anti-inflammatory effect.

Reishi also reduces allergic responsiveness, helps maintain hormonal balance and protects the liver. It is an effective energizer and an antioxidant that protects the body from harmful effects of radiation (like EMFs) and free radicals. Further, Reishi has a profound and positive impact on heart health. Due to its high content of heart-saving substances like sterols, ganoderic acids, coumarin, mannitol and polysaccharides Reishi offers protection against heart disease and stroke.

Why Shitake?



Improved Immune, Cardiovascular Benefits, Anti-Cancer Properties & Bioavailable Iron

Shitake has consistently demonstrated beneficial effect on the Immune System, cardiovascular benefits and Anticancer properties. In particular, recent studies have shown shiitake mushrooms help protect us against cardiovascular diseases (including atherosclerosis) by preventing too much immune cell binding to the lining of our blood vessels. In order for immune cells and other materials to bind onto our blood vessel linings, certain protein molecules, called adhesion molecules, must be produced and sent into action. By helping to block the adhesion molecule production process, substances in shiitake mushrooms can help protect our blood vessels. It also has one of the highest levels of bioavailable iron.

Why Maitake?



Improved Immune, Cancer-Fighting, Blood Sugar Level Control, Health & Weight Loss Benefits

Maitake has beneficial effects as an Immune system booster and cancer fighting food. Maitake mushrooms contain a polysaccharide fiber called beta glucan. The beta glucans in maitake help to activate and increase the production of white blood cells called macrophages that work in the body to ingest and destroy tumor cells. The beta glucans also activate and increase production of certain immune system cells such as T-cells, natural killer cells, and neutrophils.



Maitake Continued

These cells help the immune system more quickly and efficiently fight against illness. This increases your resistance against sickness and disease, helps remove cellular wastes, and speeds up recovery from tissue damage.

Researchers believe maitake mushrooms work to decrease insulin resistance thereby increasing insulin sensitivity. Further, the intake of maitake mushrooms can help decrease blood pressure levels, help to promote heart health. The mushrooms are high in fiber and as a result increase satiety and feelings of fullness. A study by Yokota gave 30 overweight adults daily doses of maitake mushrooms without changing any other aspects of their diets. At the end of the 2-month study, participants lost an average of 7 to 13 lbs.

Why Cordyceps?



Improved Immune, Anti-Cancer, Anti-Diabetic, Anti-Aging, & Combats Transplant Arteriosclerosis

Cordyceps has been widely used in Chinese traditional medicine for nearly 2,000 years and is harvested at up to 15,400 feet above sea level in late summer. The beneficial fungus has repeatedly demonstrated promising Anti-Cancer properties, Anti-Diabetic properties, Anti-aging properties and tremendous Anti-oxidant properties in numerous medical research studies. Cordyceps also combats organ transplant arteriosclerosis.

Why Turkey Tail?



Excellent Nutritive Values, Anti-viral and Anti-bacterial, Immune System Modulator, Anti-Tumor, Lowers Blood Glucose, Reduces Inflammation, Supports Bone Health, Aids in Digestion and Leaky Gut

Nutritionally these mushrooms are rich in vitamins and minerals to include potassium, riboflavin, niacin, pantothenic acid, phosphorus, Vitamin E & copper. They include 18 types of amino acids, Beta-Glucans 1/3 & 1/6 & ergosterol; which gets converted to Vitamin D on exposure to the sun.



Turkey Tail Continued

Due to strong anti-viral and anti-microbial properties in Turkey Tail mushrooms, the immune system is bolstered and helps stave off infections caused by microbes, including the common cold, flu and COVID-19. Recent research indicates Turkey Tail mushrooms promote anti-tumor activity in cancer cells. Other studies found the consumption of turkey tail caused a decrease in blood glucose concentration in diabetics.

The mushrooms are rich in anti-oxidants, helping to minimize oxidative stress. They are also rich in PSK and PSP polysaccharides, both of which have powerful immune-boosting properties that activate specific types of immune cells such as manocytes or macrophages while simultaneously suppressing inflammation. Turkey Tail mushrooms help reduce hypertension, are good for bone health and regeneration of bone marrow and aid in digestion. They also have prebiotic content supporting a healthy microbiome and healing of leaky gut syndrome.

Why Blazei?



Rich Source of Vitamins & Minerals, Immune System Modulator, Anti-viral & Anti-bacterial, Reduces Inflammation for Crohn's & UC, Weight Gain Inhibitor, Lowers Glucose Levels, Anti-tumor Properties, Improved Liver Health

Argaricus Blazei mushrooms are a rich source of minerals, vitamins and amino acids to include high levels of calcium, phosphorus, zinc, potassium, magnesium, many of the B Vitamins, and ergosterol, which converts to Vitamin D when exposed to the sun.

For many centuries these mushrooms and their extracts have been used to combat a wide range of diseases including diabetes, circulatory issues, hepatitis, cancer and osteoporosis. They contain various beneficial polysaccharides in the form of beta-glucans, which are known to modulate the body's immune response and protect against disease. The polysaccharides found in Agaricus Blazei regulate the production of antibodies and work as biological response modifiers. They also provide anti-viral and anti-bacterial properties, helping to fight off various infections and disease including pneumonia, meningitis and certain types of herpes.

Further, Argaricus Blazei mushrooms provide powerful anti-inflammatory effects against inflammation caused by Crohn's disease and ulcerative colitis (UC). Other benefits include protection against weight gain, improved liver health, anti-tumor protection in cancer patients and better management of sugar and insulin levels in diabetics.