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Product Information

Mito Synergy

This product provides targeted nutritional support to help meet the needs of the energy-producing component within cells called the mitochondria. Mitochondria are responsible for converting nutrients into energy to meet the high energy demands of the brain, liver, heart, muscles, and other tissues.

This product is a unique formulation that supplies key nutrients to protect against free radical damage and assist mitochondria in efficiently performing their crucial roles, particularly under conditions such as stress, illness, and aging.

Eleven nutrients that have been shown to possess benefit for mitochondrial function are included in this formulation.

- **High-Potency Antioxidant Defense:** Collective oxidative stress appears to be a major source of cellular damage leading to mitochondrial dysfunction. If left unchecked, damage to mitochondrial membranes, proteins, and DNA can result in diminished mitochondrial and organ system function. To help guard against such oxidative damage, this product offers nutritionally meaningful amounts of N-acetyl-L-cysteine, alpha-lipoic acid, quercetin, grape extract, coenzyme Q₁₀, and acetyl-L-carnitine to enhance antioxidant defenses.
- **Energy Pathway Support:** Specific nutrients have been included in this product to support mitochondrial activity and energy pathways. Coenzyme Q₁₀, magnesium malate, sodium succinate, creatine, and acetyl-L-carnitine each facilitate balanced energy pathway performance.

This product can be taken daily by anyone who wishes to nutritionally support mitochondrial energy production. Supporting energy pathways may become even more critical during times of significant stress, illness, exposure to toxins, or with increasing age. It is recommended that this product be taken with a multivitamin/mineral formulation for more complete nutritional support. This product is free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat/gluten, corn, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 4 capsules daily with food.

This product was made in a GMP and ISO 9001:2008 registered facility.

Supplement Facts

Serving Size 4 Capsules • Servings Per Container 30

Amount Per 4 Capsules	% Daily Value	
Magnesium (as magnesium malate)	45 mg	11%
Sodium (as sodium succinate)	85 mg	4%
CoEnzyme Q ₁₀ (ubiquinone)	50 mg	*
Acetyl-L-Carnitine (as acetyl-L-carnitine hydrochloride)	200 mg	*
N-Acetyl-L-Cysteine USP	100 mg	*
Alpha-Lipoic Acid	100 mg	*
Creatine Monohydrate	200 mg	*
Malic Acid (as magnesium malate)	255 mg	*
Quercetin	125 mg	*
Red Grape (<i>Vitis vinifera</i>) seeds, skin, and stems, dried extract with resveratrol	25 mg	*
Sodium Succinate	300 mg	*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, cellulose, and silicon dioxide.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.