

Protein Synergy

A Bioavailable Fermented Whole Protein Food with Goat Milk Minerals

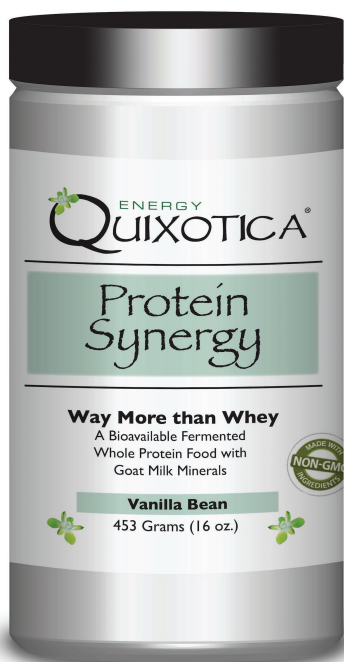
What is Protein Synergy?

Protein synergy is “Way More Than Whey”. It is a real bio-available, fermented whole goat milk protein with goat milk minerals. Our goat milk protein is a natural combination of both casein and whey and forms a synergy “greater than a sum of the parts” when paired with the minerals and electrolytes. Whey, when separated from the whole protein cannot be processed by the body and causes inflammation—a marker for most disease processes. We do not violate nature. We leave it a complete whole food, as nature intended and then ferment it with probiotics that assist in improving digestion and absorption of macro and micronutrients. Our Protein Synergy works for you—repairing and rebuilding the body. Whey only Protein works against you; creating inflammation and dis-ease in the body.

What the experts are saying

“As a nationally certified strength and conditioning coach, I have found no better protein for my athletes than whole goat milk protein. The profound results speak for themselves relative to recovery, repair and building. You will not experience this level of benefit from whey only, vegetable or egg white proteins.”

-Dr. Anthony M. Antonacci



Why Energy Quixotica Protein Synergy?

Your body digests, absorbs and utilizes goat products very efficiently and well beyond any other type of protein including vegetable or other animal

No Pesticides
No Preservatives
No Chemicals
All Natural



products because it’s structure is most like human milk. Protein Synergy is the highest quality protein powder available on the market today, made from goat milk with NO antibiotics, growth hormones, pesticides, herbicides or sweeteners. Furthermore, many protein products on the market contain grams of protein in the range of 25 to 60 grams. The body cannot digest such high levels and that is why you experience bloating, flatulence and gastric upset, especially with Whey only protein. We have found that a range of 12 to 20 grams is the most digestible and placed ours at the optimum absorption of 15 grams.

Protein Synergy is minimally processed utilizing a highly specialized and non-invasive process, at the lowest temperatures possible, which preserves the original integrity that renders the most optimum absorption available on the market today. Other proteins, especially whey only proteins are processed at extremely high temperature which destroys most of the micronutrients and all the enzymes which is why you cannot digest or absorb those products.

Why do we need protein?

Proteins are the building blocks of human life, essential for normal growth and repair. Proteins form the foundation of muscles, bones, skin, hair, blood and heart. Lack of dietary protein can hinder those foundational areas. Protein generally contains approximately 22 amino acids. Eight of those amino acids are ESSENTIAL, which means the body cannot produce them so you must get them from your nutrition. Protein Synergy contains all of these essential amino acids.

Nutrition Facts

Serving Size 4 level tbsps (30g)	
Servings Per Container 15	
Amount Per Serving	
Calories 108	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 1mg	<1%
Sodium 53mg	2%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars (not added) 4g	
Protein 15g	25%
Potassium 471mg	Vitamin C 0%
Calcium 148 mg	Phosphorus 31mg
*Percent Daily Values are based on a 2,000 calorie diet.	
Ingredients: Whole Goat Milk Protein, Fermented Whole Goat Milk Protein, Goat Milk Minerals, Natural Vanilla Bean Flavor, probiotic cultures	

453 grams (16 oz.)

Two flavors: Vanilla & Coconut

Suggested use: Mix 30 grams (about 4 level tbsps) in 8 oz. water or other liquid. Shake vigorously or mix in blender.