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## Product Information

### FloraBiotica Synergy Gastrointestinal Health

**FloraBiotica Synergy** is a high potency, hypoallergenic powdered probiotic vital for optimal health with both internal and external applications.

**Relieving Symptoms from the Inside Out\*** The gastrointestinal (GI) system forms the very core of our bodies. It's understandable that many common complaints take root in the GI system and are among the leading reasons that patients seek health care. While common approaches may alleviate symptoms—such as occasional indigestion, occasional heartburn, abdominal cramping, urgent bowel movements, or occasional constipation—they may only temporarily mask the underlying issues and have potential adverse effects.

- 1 in 4 U.S. adults may have functional GI complaints that affect daily living.
- Almost 2 in 4 American adults have likely experienced 1 or more upper GI symptoms in the past 3 months.

**Addressing Core Issues: Healthier Approaches for Lasting Relief\*** The GI tract is a complex organ system easily influenced by factors such as microflora and microbial balance, digestive enzymes, or GI lining integrity. Microflora, or “friendly” bacteria in the GI tract, play an important role in digestion, microbial balance, and immune function. Digestive enzymes function to split proteins, carbohydrates, and fats, making them critical to adequate digestion of foods for proper nutrient absorption. The GI mucosal lining, when healthy, provides a protective barrier to inhibit the flow of ingested matter to other parts of the body. Thus, addressing the appropriate underlying GI issues not only helps relieve digestive discomforts, it also supports many other aspects of long-term health.\*

**Long-Term Support for GI Function and Overall Health\*** Energy Quixotica offers a line of science-based, nutraceuticals and medical foods that work with the body to support healthy GI function, support a robust immune system and promote long-term health.

FloraBiotica Synergy provides a dairy-free base for a patented blend of highly viable, pure strains of *L. acidophilus* and *B. lactis* - “friendly” bacteria that have been clinically shown to support a healthy intestinal environment and immune health. This formula also supplies the valuable Probio-Saccharide Prebiotic Factor (fructooligosaccharides, FOS) to promote the growth of beneficial bacteria.

FOS serves as a substrate for microflora in the large intestine, increasing the overall gastrointestinal tract health. All inulin type prebiotics including FOS stimulate the growth of Bifidobacteria species, which are beneficial. Our FOS is extracted from Jerusalem Artichoke; which has been shown to have one of the highest concentrations of FOS along with the Agave plant.

**Special Note:** Ideal for children or persons that cannot swallow capsules. Can be used internally or externally. Email [info@lifestylequixotica.com](mailto:info@lifestylequixotica.com) for more information on external applications.

**Serving Size:** Infants (under 2 years old) 1/8 teaspoon, children ¼ teaspoon, adults ½ teaspoon taken orally. Use topically, diluted in purified water, and spray on to skin, in mouth or where needed. Use to make healthy personal care & household cleaner products too.

\*Daily support for GI and Immune Health