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## Product Information

# Clear Synergy Medical Detoxification Food

## Why Do We Need A Detoxification Plan?

Environmental pollutants are everywhere in our environment—in what we touch, eat, drink, and breathe. They are in the air, in our drinking water and in our food supply. Toxins in the environment include a wide range of compounds, such as heavy metals, organic pesticides, genetically modified foods, preservatives, antibiotics and hormones, street drugs, pharmaceutical drugs, chemotherapy, radiation, EMRs from cell phones, industrial materials such as solvents, plastics and more.

Long-term exposure to even trace amounts of these substances has been linked with a number of undesirable health effects, including but not limited to many types of cancers and syndromes characterized by fatigue, muscle weakness, and cognitive dysfunction. Under normal circumstances, our bodies are well equipped to filter out harmful chemicals and pollutants to protect against their effects. Sometimes, however, the volume of exposure can overburden these natural processes and allow some of these substances to accumulate in tissue. Nutrient-deficient diets and heavy consumption of processed foods can create further challenges.

- 150 common home chemicals have associated health effects.
- 1 in 2 chemically sensitive individuals report symptoms at least once per month.
- More than 9 million U.S. workers are exposed to potentially hazardous chemicals.
- Each year more than 4 billion pounds of chemical compounds and pollutants from plastics, pesticides, solvents, heavy metals, medications, and other sources are released into the environment and eventually find their way into our air, soil, and food and water supplies.

## The Clear Synergy Difference

Unlike juicing or fasting cleanses, the Clear Synergy Program, designed by Dr. Anthony Antonacci of Energy Quixotica provides clinically tested detoxification support. Healthy detoxification can lead to increased energy levels and overall wellness to help you feel your best.



## **The Phases of Metabolic Detoxification**

The body's natural cleansing or filtering process primarily involves the liver, digestive tract, lungs, and kidneys. Unwanted or potentially hazardous compounds that are soluble in water are easily eliminated (e.g., stool, sweat, urine). But fat-soluble compounds require enzymes from the liver to help break them down into neutralized, water-soluble substances for transport to the kidneys or intestines for elimination. Individual detoxification capabilities vary. "Environmental overload" or lack of nutrients to fuel necessary detoxification activities may also prevent harmful, fat-soluble compounds from undergoing this transformation process. Over time, this may influence the way you feel.

One of the most important biochemical processes attending to toxicant removal in our bodies is the biotransformation process, also called the detoxification system, which is comprised of Phase I, Phase II, and Phase III pathways. The detoxification system is highly dependent on nutrient support for optimal functioning.

## **Nutritional Support for Metabolic Detoxification**

Energy Quixotica offers a science-based formula, Clear Synergy, to nutritionally support the natural pathways of metabolic detoxification to promote overall health. This formulation provides enhanced, specialized nutritional support for people and includes macro- and micronutrients to address altered energetic function and liver detoxification. Featuring potassium citrate and sesame, this formula helps to promote alkalization and support Phase II liver detoxification function. Clear Synergy also provides glycine and magnesium sulfate to support Phase II detoxification activities as well as green tea catechins and mixed carotenoids to provide antioxidant protection against potentially harmful compounds generated during the natural detoxification process. Provided in a low allergenic potential rice protein concentrate base which may be beneficial during times of increased detoxification burden this formula provides well rounded nutritional support.

Additional benefits provided by Clear Synergy:

- \*Delivers extra support for Phase I and Phase II activity
- \*Promotes an alkaline urinary pH status and Phase II detoxification

The Clear Synergy Program enhances the body's natural metabolic detoxification process while providing adequate fuel for both cleansing and other daily activities. Getting healthier is important — and so is feeling your best. The Clear Synergy Program will help you do both. For more information contact [info@energyquixotica.com](mailto:info@energyquixotica.com)