



# LIFESTYLE QUIXOTICA

## BATHROOM CLEANER

Recipe courtesy of Lisa Fiore

### INGREDIENTS:

1. 3/4 cup baking soda (no aluminum)
2. 1/2 cup liquid castile soap, unscented
3. 1 tbsp. purified water (preferably purified, SFA water)
4. 1 tbsp. organic white vinegar
5. 1/2 tsp. FloraBiotica Synergy
6. 10 drops lemon essential oil

### DIRECTIONS:

In bowl, combine baking soda, castile soap and water. Stir. Add vinegar and essential oil. The consistency should be a soft paste. Add the probiotic and additional purified water as needed.

Tip: Make the bathroom cleaner in small batches and store in a glass, airtight container. The recipe makes 2 to 4 batches and is excellent for removing soap scum, stains and brightening tile. To use, apply and let sit for 5 minutes and then scrub. Wipe clean with a wet cloth when done scrubbing.