

Water Fluoridation

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Portions of the following essay were stolen and absconded with from Barry Forbes, columnist for the Mesa Tribune, article entitled "Former fan of fluoridation now warns of its perils"

Mr. Forbes tracked down Dr. Hardy Limeback, PhD, DDS, head of the department of preventative dentistry for the University of Toronto and president of the Canadian Association for Dental Research. Dr. Limeback is Canada's leading fluoride authority and the country's primary promoter of the controversial fluoride additive in drinking water. Whoa, this brother be knowin a thing or two, huh?

Mr. Forbes had heard of Dr. Limeback's about face in promoting Fluoride and was now vehemently speaking out against it as a health hazard and he wanted to know 'wasup'. Why would a University professor, Dentist and president of a research association have a change of heart on a very contentious issue?

Dr. Limeback: "Children under 3 should never use fluoridated toothpaste or drink fluoridated water. And baby formula must never be made up using fluoridated tap water. Never. It has been building up for a couple of years. The crowning blow was the realization that we have been dumping contaminated fluoride into water reservoirs for half a century. The vast majority of all fluoride additives come from smokestack scrubbers. The fluoride additives are a byproduct of the super-phosphate fertilizer industry."

"Tragically, that means we are not just dumping toxic fluoride into our drinking water, we are also exposing innocent, unsuspecting people to deadly elements of lead, arsenic and radium, all of them carcinogenic."

"Because of the CUMULATIVE properties of toxins, the detrimental effects on human health are catastrophic"

A study performed at the University of Toronto confirmed Dr. Limeback's worst fears, states Mr. Forbes, that, "residents of cities that fluoridate have double the fluoride in their hip bones vis-à-vis the balance of the population and that the fluoride is actually altering the basic architecture of human bones".

Skeletal fluorosis is a debilitating condition that occurs when fluoride accumulates in bones, making them extremely weak and brittle. The earliest symptoms? "Mottled and brittle teeth", stated Dr. Limeback. Brittle teeth? Whoa nelli. I thought fluoride was supposed to make my family's teeth stronger?

Dr. Limeback further stated, "We are now spending more money treating dental fluorosis than we are treating cavities. Cities that do not fluoridate have cavity rates lower than those that do." What on earth? How can that possibly be? Has some ornery outlaw been tryin to pull the sombrero over our eyes?

Dr. Limeback further pointed out, “Cavity rates are low all across the industrialized world including Europe, which is 98% fluoride free. Low, because of standards of living, less refined sugar, regular dental checkups, flossing and frequent brushing.”

Being the investigational journalist that Mr. Forbes is, he followed that comment with a deeper question. He asked Dr. Limeback, “how could that be Dr., I don’t get it. Just last week the CDC, Centers for Disease Control, ran a puff piece all across America saying fluoride was better than sliced bread. Wasup?”

Dr. Limeback: “Unfortunately, the CDC is basing its position on data that is 50 years old at best. Absolutely no one has done research on fluorosilicates, which is the junk they are dumping into the drinking water. And the evidence against systemic fluoride continues to pour in as very toxic to the human body.” To which Mr. Forbes replied, “but doc, how about all the dentists extolling the benefits of fluoride?” To which Dr. Limeback replied.....

“Dentist have absolutely no training in toxicology. Your, well intentioned, dentist is simply following 50 years of misinformation from public health and dental associations. Me too. Unfortunately we were wrong and it has caused great harm to society”

Gosh, kinda reminds me of Pediatricians and their misguided belief in vaccines and the fantasy that vaccines have had anything to do with reducing the incidence of childhood diseases or eradicating polio. Even after the American Pediatrics Association stated unequivocally that vaccines are not the reason for a reduction or eradication of disease. Kinda of funny, huh? Or is it?

Mr. Forbes: “After half a century of delusion, the CDC, American Dental Association and Public Health stubbornly and skillfully continue to manipulate public opinion in favor of fluoridation. Welcome, Dr. Limeback, to the far side of the fluoride equation. It is lonely over here, but in our society loneliness and truth frequently travel hand in hand.”

The article written by Mr. Forbes was published in 1999. Since then, more and more countries are banning water fluoridation and slowly municipalities are banning it as well in the United States. Unfortunately, many dentists as well as the United States government still promote fluoride. Fluoride is a toxic neurotoxin that has been placed in municipal water to sedate the public rendering you complacent, apathetic and sick. It has nothing to do with preventing cavities.

The further a society strays from truth, the more those that speak it will be hated.....George Orwell

Vaya Con Días