

Perimenopause/Menopause Symptomatology

Problem	Symptom	Repair
Cytokine Surges	Systemic Inflammation/pain	Brain Synergy
Intestinal Permeability	Food sensitivities/gastrointestinal complications/dysbiosis (leaky gut)	Clear Synergy/ FloraBiotica Plus Enhanced/ FloraBiotica Synergy/ Immune Synergy
Altered Cortisol Rhythm	Increased Stress Response Poor Sleep Fluctuating Energy Poor Circulation Cold Hands & Feet	Brain Synergy/ Adrenal Calm/ Adrenal Support
Neuroinflammation	Brain Fog/Hot Flashes	Brain Synergy/ Tan Kwe Gin/ Black Cohosh
Neurotransmitter Dysregulation	Depression/Poor Cognitive Function	Brain Synergy