

Water Causing Your Disease?
Anthony M. Antonacci NMD, CSCS, DC, FASBE

The completion of the Human Genome Project in 2003 has allowed researchers to reveal that what once was considered to be the cause of disease, heredity, is false. 85% to 96% of all dis-ease is due to poor lifestyle and environmental causes, not genetics. Even the American Cancer Society in 2008 came out and publically stated that 95% of all cancers we see today are not a function of genetics but a function of poor lifestyle.

The power of these revelations should be making a profound impact on how many in society approach their health. Regrettably, it has not. Still fueled by an Allopathic community steeped deeply in the false notion of the Germ theory and genetic predisposition to disease, the public is still being prescribed unproven and untested medication and procedures that only foster the masking of symptoms and the perpetuation and propagation of disease resulting in much frustration on the part of the public as well as the Allopathic physician community.

And due to irresponsibility, society is still asking for a magic potion or pill to end their woes. Sadly, there exists no such thing, however the Allopathic community states there is as they prescribe billions of dollars of potions and false snake oil cures for a host of illnesses from warts to cancer. None of which have worked and nor do they work now in curing any disease.

The process of dis-ease and aging are related to systemic dehydration, systemic toxic infiltration and systemic nutrient deficiencies at the cellular level through poor nutrition causing chronic inflammation. We now know with no uncertainty you did not contract cancer because your mother had it and you do not have diabetes because your father had it. You are sick due to your internal bio-terrain being toxic and your poor lifestyle. The debate is over. You now have no choice but to educate yourself and be responsible for your health and wellbeing. That is not your doctor's job. It is yours. Are there health issues that are a result of birth defects? Of course. However they are in the minority and not what we are addressing.

'The cell is immortal. It is merely the fluid in which it floats which degenerates. Renew this fluid at intervals; give the cell something on which to feed (nutrients) and, so far as we know, the pulsation of life may go on forever...'

-Dr. Alexis Carrel
Winner of the Nobel Prize

The overall fraction of the body is 75% water. Human blood is approximately 90% water. The brain is roughly 85% water. Muscle tissue is 75% water. Any force that has the ability to affect water, can affect the body and its functions. Water is in

constant transition. We must consider the fact that since we know this does occur, some water will be more physiologically beneficial and some less beneficial due totally to the changes in the water structure and the correlated changes in ensuing functions.

The real objective is to find the water that optimizes or promotes the optimization of the physiological function of the body. The challenge is to determine which changes to the structure of water will produce the most advantageous physiological responses and affect the body in such a way as to promote overall health.

Water profoundly influences all molecular interactions in biological systems.

MRET or “Molecular Resonance Effect Technology” changes the molecular composition of water so that the structure and frequency are similar to the intracellular water of the human body. Additionally, the electrical properties are modified and predispose a more ideal ion exchange (proton pump) across the cellular membrane delivering nutrients and bringing out intracellular toxins in a more efficient and rapid manner.

In essence, water is not water. We spend billions on bottled water each year, we are drinking more water than ever, and yet 75% of the world's population is chronically dehydrated. Why? Peer reviewed research and numerous studies confirm that the molecules of most of the water we consume daily are aligned in a chaotic, large clustered manner to include alkaline water. That makes it extremely difficult for our body to absorb and optimally hydrate, ultimately leading to unintentional chronic dehydration resulting in chronic inflammation resulting in disease.

Voluminous research has shown that millions of people are experiencing the following symptoms as a direct result chronic dehydration:
Premature onset of wrinkles, uneven skin tone, anxiety and/or depression, headaches, joint pain, excess weight, insomnia, lack of focus, fatigue and much more.

When we are born, the water molecules in our cells are aligned in a Single File Alignment (SFA). Our young body is able to convert any water we drink into that necessary Single File Alignment resulting in adequate hydration. As we age, our body's ability to convert the water we drink into the SFA dramatically decreases just like digestive enzymes and beneficial gut bacteria. This results in hydration becoming increasingly compromised.

Through his discovery of “Aquaporins” (the cellular entry portals for water), 2003 Nobel Prize winner, Dr. Peter Agre has proven that in order for water to be optimally effective in the body, the water molecules must be aligned in a single file (SFA). The patented i-H₂O Activation System does precisely that, creating optimally energized bio-available water for adequate hydration, wellness and performance. This is why many professional athletic organizations have turned to the

i-H₂O SFA water activation system as well as health care professionals that have thoroughly researched efficient hydration.

The process of effective hydration was studied using an FDA approved Bioelectric Impedance meter that measures changes in cellular conductivity, resistance and capacitance. Within 20 minutes the MRET activated water had entered the cells from outside the cells and the extra-cellular water, which we call edema or water retention, was reduced significantly, thus improving cellular energy and function. The control test non-activated water revealed movement of water from outside to inside the cells took 60 minutes. 3 times as long as the MRET polymer activated water. This is critical when considering how crucial hydration is in preventing dehydration and heat exhaustion and heat stroke in athletes as well as a public enjoying the day at a hot, humid beach or county fair. The longer the rate of absorption, the greater the physiological load and energy expenditure, often at the expense of other functions, which could ultimately result in death.

We have currently reached the stage where xenobiotics, chemicals foreign to the biological system, are present in the fat tissue of 100% of the population. There is no shortage of potential toxicity with the constant presence of pesticides, thousands of food additives, heavy metals, pharmaceuticals, alcohol, tobacco, caffeine and recreational drugs readily available for absorption in our environment to include our own metabolic toxins. The function of all organs, tissues and the entire organism, you, is dependent upon the efficiency of the biological processing of the nutrient-toxicity relationship of the individual cell. The ability of the MRET restructured water to facilitate detoxification and nutrient absorption may be extremely beneficial for overall vibrant health.

The functions of MRET activated water supported by Dr. Igor Smirnov's breakthrough work in 1986 as an investigative team member looking into the disaster at the Chernobyl nuclear power plant identified the following possible benefits:

- Increased Hydration
- Increased Nutrient Absorption
- Increased Nutrient Detoxification
- Enhanced Immune Response
- Decreased Inflammation
- Anti-bacterial
- Anti-viral
- Anti-tumor
- Inhibits growth of mutated cells