

How Do I Get Sick?

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The popular answer is, “I caught ‘IT’, whatever IT is, from my wife or my kids or my co-worker, my dog, my goldfish, the toilet seat etc., etc. Right?”

That is what is called Louis Pasteur’s **Germ Theory** of illness which is the theory that your Allopathic MD industry exists on based in prescribing, prescribing and more prescribing into the abyss of disease, not health. That theory is based upon the notion that if you come into contact with someone who is sick, from whatever, the ‘bug’ will hop, skip and dance over into your body and ravage you with a cold or the flu or measles, etc. etc. etc. That theory was invalidated by its own creator, Louis Pasteur.

On his deathbed he stated, **“I was wrong. The Germ is nothing. The internal terrain is everything. Instead of chasing bugs, I should have looked within at the health of the internal terrain of the body and the state of the immune system”**.

Sadly, the Allopaths embraced this theory as did the pharmaceutical companies and it has been entrenched as fact for years. Once that ship sailed with the realization of all the money it has generated it has become very difficult to change direction to the real facts of how one becomes sick.

So, what is the truth of how you get sick? Well, we need only look to Antoine Beauchamp, chemist/biologist who was a contemporary rival researcher of Pasteur. Beauchamp looked within, as he should have. He revealed that if the internal bio-terrain which will affect your Immune System is sick, you will have a less than effective Immune System and you will become a more than a welcoming host to a host of homeless virus’s, bacteria’s and other kinds of bad boy bugs waiting to find a nice warm sick home to nest in. Until you call “Bad Boy Bail Bonds” that is. This is what is termed the **Toxicity Theory**.

Hey, hold up now. Immune System? What on earth is that? When was the last time you heard the drug company TV commercials address the functional maintenance and or rebuilding of your Immune System? Well, apparently when the Celestial Design Committee was designing your biological blueprint, they actually provided you with an Immune System. Imagine that? A system by which you could become impervious to disease, if you took care of it. Instead, we have an Allopathic MD industry that does everything it possibly can to destroy your immune system thru over prescribing and not teaching health.

To state that we live in a very toxic world would be an understatement. Genotoxic drugs like chemotherapy, GMO laden foods with more pesticides and herbicides that enter your body, nutrient deficient foods that cannot feed your cells, more vaccines that have never been proven safe or effective, Electro Magnetic Frequencies from cell phones, computers etc., municipal water supplies that have become more contaminated over the years with

fluoride, pesticides, herbicides, animal feces, petrochemicals, etc., and the indiscriminate overprescribing of pharmaceutical drugs that destroy the internal bio-terrain of the body and the Immune System, by design. There are more however these will suffice for now to illustrate the cumulative effect of toxins that build up in the body and result in disease.

Here is how the 2 Theories look in contrast

GERM THEORY

Disease arises from micro-organisms originating outside the body

Microorganisms should be guarded against and destroyed to prevent disease

The appearance and function of specific microorganisms is constant

Every disease is associated with a particular microorganism

Microorganisms are primary causal agents

Disease is inevitable and can strike anyone at anytime

To prevent and cure diseases, it is necessary to destroy pathogenic microorganisms

TOXICITY THEORY

Susceptibility to disease arises from conditions within the cells of the body

Microorganisms are beneficial if the body is kept clean from toxins

The appearance and function of microorganisms changes when the host organism is injured, either mechanically, biochemically, electrically or emotionally

Every disease is associated with a particular condition

Microorganisms become associated with disease only when the cells become toxic

Disease arises from conditions of increased systemic toxicity

Preventing or healing disease consists of systemic detoxification in a way that does no harm, maintaining a functional effective Immune System and providing nutrient dense nutrition to feed the cells keeping the internal terrain vibrant and strong

So now what? More and more studies come out, almost on a daily basis, that point to the fact that Beauchamp's Toxicity theory was the correct path. So, why does the Allopathic MD industry refuse to accept what the empirical science based evidence proves? What do you think? The Allopathic MD industry, is subsidized by the pharmaceutical companies, that support the Germ theory because of the enormous revenues it produces

for them. We need the pharmaceutical companies, however not the ones that have taken over the health care system and turned it into a disease management system for more and more egregious profit. Profit is ok, however not to your demise.

Protect, feed, build and manage the effectiveness of your Immune System and the internal bio-terrain. Consider your Immune System as a circulating nervous system. The analogy would be taking care of the soil you plant your vegetables in. If the soil is unhealthy with no nutrients, no vitamins, minerals, enzymes, microbiomes and acidic, what is going to happen to your tomato plant? It will get infected with bugs and get sick and often die, right? Well, there ya go. The same goes for you and your internal terrain, which is your soil. You are the tomato. And quite the hot tomato, if I may!

You do not get sick because you kissed the goldfish that had a cold before you turned the tank light off for the night. You get sick because you are internally sick already. A “bad bug” cannot infect you if you are healthy and your immune system is humming on all 8’s. You do not get the common cold because you don’t have enough Nyquil in your system or Alka-Seltzer Cold Plus or a vaccine. And the same goes for Cancer, Diabetes, etc. Are there occasional genetic issues or birth defect issues that are players in wellness? Of course. However those are a very small minority. In the main, you get sick because of your lifestyle and abuse of the temple the Celestial Design Committee provided you. It is funny how many people think they eat healthy and then upon investigation realize they eat very unhealthy. If you think or listen to any doctor that claims good nutrition is not related to good health, then you are delusional and are in need of some serious medical attention of the psychotic kind. We already know the Allopathic MD is not trained in health so would not know the critical relationship between vibrant health and good nutrition.

Did you know there are actually human beings that walk among us that are in their 80’s and 90’s and take no prescription medication whatsoever, as well as others of all ages? Could they be aliens, mutant ninjas, cloned supreme beings, vampires, one may inquire? I can recognize them, unlike most of society, because I have “CloneDar” as in radar and I see them in the swimming pool every morning and in the yoga classes and they are lean and walk erect with a vibrant step in their gait. When I ask them about their diets, they eat fresh organic vegetables, fruits, animal protein, beans, seeds, nuts and refrain from all grains. They eat at home and never visit a fast food restaurant. When I ask them about how many medications they are on, they reply in the negative with consternation. None take them and quote that” they are poisons responsible for the disease of the irresponsible masses.” Ouch! Enuf said, huh?

‘The King is Nutrition, The Queen is Exercise. You put them together and that provides you with the Kingdom of Health’

- Dr. Jack LaLanne

Vaya con Dios

