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Are Prescription Pills Killing You?

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Ever put any thought into that? Probably not because you think all those Prescription Pills handed out like candy by your well meaning Prescription Doctor are keeping you healthy, huh? Guess what? You are wrong? Dead wrong and that is where you are headed, isn't it, or you would not be reading this and asking me what your Prescription Doctor is doing? Ask them. How on earth am I supposed to know what they are doing?

Before you dive into this essay, understand it is 12 pp long and educational beyond what most of you can handle or have the ability to read. If you cannot handle it or read, erase it now and die in the disease management crap Obama left you with, which is the joke of what is called The Affordable Health Care Act, which is anything considered affordable or health care. He sold you out and you bought it lock stock and barrel.

I am not prescribing you life ending chemotherapy and the never-ending prescriptions pills that you are downing to your demise at their hands. And you ask me? Ask them. But you are afraid, aren't you? You fear the Prescription Doctor deity that is harming you, don't you? This is your life they are playing with and they do not have a clue on how the human body heals. What on earth is wrong with your thought process as you see more and more people die at their hands to include you?

"Frist Do No Harm"? A nice bedtime story. Your Prescription Doctor and their treatment is now owned, operated and dictated by the pharmaceutical and insurance companies. And that is why you are sick and miserable. Unless you clearly understand that fact, don't bother reading further. Simply stayed mired in your illness and irresponsibility. Because what I am really sick and tired of is the following:

"Well after I had 4 years of surgeries, chemotherapy, radiation and all the clinic trial drug experiments that I got paid for, for being a guinea pig, I tried the "natural route" (whatever that is) for 22 and 1/3 days and it did not work".

They destroyed your immune system after your stem cell replacement and rendered you less than and you are blaming the only path that would have helped if they did not place you behind the 8 ball. And you chose it. Twice! And the 'natural' route did not work? Interesting train of thought or lack thereof, huh?

Many of you are starting to think that those drugs are harming you. And I am seeing more and more of you with more and more questions that you presented to your Prescription Doctor and they, shockingly, had no answers for you. Or worse, they berated you because you had the gall to question their protocols. Sound familiar? Can you imagine that? You have the intelligence to question the treatment set forth by the Prescription Doctor deity? How dare you? Do you not know, my child, that all of the Prescription Doctors are gods given special powers by the Prescription Pill Companies via the courtesans in Washington? Notice the little “g”.

If you are on any type of prescription pharmaceutical pill like the TRIFECTA of cholesterol pill, diabetes pills and BP pills, you are slowly in a state of Prescription Doctor induced suicide. You are sick. You are not healthy. There is no such thing as being on prescription pills and being in a state of vibrant health or any state of “healthy”.

Time to wake up a bit. Because this is the fact of why we are seeing more cancer, more neurodegenerative disease and more diabetes and more kidney failure. If you listen to the Prescription Pill commercials, which pretty much have now taken over your television, you will hear a litany of dangerous side effects as they are romping thru the lilies while playing music akin to the Sound Of Music musical. “Golly gee, Mavis, was that Julie Andrews? Or Beyonce? “Gosh Sally, I just loved the see thru blouse she wore at the Grammy’s, didn’t you.” That is, apparently, the best you can do in this society of simple minded visually overly stimulated sheep, lacking any semblance of a critical thought process as you watch Judge Judy and Dr. Phil or worse, The Doctor’s?

And this level of pure ignorance steeped deeply in a failed, Prescription Pill treatment process is killing you and you are contributing to your demise. Be crystal clear we are not speaking about allopathic crisis intervention care or surgery. That is where the profession is exceptional. We are referring to the 80% of the remainder of the profession that pretends to deal in health, which is not in their course of study. The 80%, that year after year, places the **Prescription Doctors**, in 3rd place behind Heart Disease and Cancer as **the THIRD leading cause of killing Americans**. And that is ok with you? BTW, that 3rd place does not earn them a Bronze medal. That earns them a “pathetic failure” ribbon in attempting to prescribe you more pills. Unlike your children’s soccer where everyone wins even if they lose, you lose when your Prescription Doctor fails. Grow up. This is not AYSO. This is life and death and you are the pawn.

Side effects, to include death. The problem.....you don’t listen. You, like most of America that reads at a 3rd grade level, simply look at the pretty pictures and hear the music. What is it about, “you may die if you take these pills”, that you do not understand? What? No really, what on earth is it you don’t understand about taking a pill prescribed by your well meaning Pill doctor trained in a disease mongering system, that could possibly kill you?

Has our education system in this country turned us into such trained squirrels with no critical thought? Yes it has. And by design. You are being controlled with prescription pills especially if you are on any type of psychotropic poisons like Prozac et al. One of the more

serious and common side effects of mental health prescription pills is suicide, which they are supposed to prevent. What is it about suicide you don't understand as you take these prescription pills, daily? And you think you have not been indoctrinated and controlled?

Long-term use of Pharmaceutical prescription pill is toxic to the human body and causing cancer, secondary cancers as well as other diseases. The prescription pills you have been on for several years are the reason you are sick and getting sicker. And after they sicken you into oblivion, they send you home on HOSPICE. And you say or do nothing? What on earth is wrong with you people?

They blame your death on the progression of your disease and never look at the real culprit, which is the long term and over prescribing of poly prescription pill regimens that shut down your liver and your kidneys. And then you berate and blame organic food and exercise as the reason you died? You are absolutely hilarious.

Forget the damage done by GMO'd bastardized nutrient devoid food and tainted water. These pale in comparison to the damage done by prescription pills you gobble down each day 2-3 times per day or have them drip them into your veins. Now, add the bonus package of indiscriminant obscene vaccine schedules, from birth, and you have a recipe for disaster, which is precisely what is happening. And you think these poisons are saving lives and keeping you healthy. And we are seeing chronic illness occurring in children younger and younger as each year progresses. This is no accident, no coincidence and you best all get a clue of what is happening.

A bit of an aggressive posture? Unlike your teleprompter reading KCET or internet doctor, I am in the trenches daily with these patients, from all socio-economic levels, walks of life and cultures from, literally, around the world, that are being harmed and I am listening and seeing intently to what the Prescription Doctors are doing. My message, today, is intended to be aggressive because as you are sick and tired, I am sick and tired of watching you getting "sicker and more tired" as you return to the empty well of what you have been lied to is health care. I am attempting to wake you up from a deep slumber that apparently is getting deeper.

And after 50 years of promoting health, living it, breathing it, teaching it, coaching it, writing about it etc etc, the frustration of watching you die for no reason other than you sought out the wrong care and received the wrong treatment or none at all is beyond frustration or comprehension.

32 years ago when I began in practice, way before most of your wet behind the ears and drug-company indoctrinated Prescription doctors were in practice, prescription pills were used for strict short periods of time because of the toxic side effects. And the real doctors then, not these Pill Pushers you see today, would tell the patient that and restrict the usage.

Regrettably, the Pill Pushing Prescription Doctors today really and truly do not understand the dangers of these pills because they have been taught they are safe and effective. THEY ARE NEITHER.

Now, because of Obamacare and the enormous financial incentives your Prescription doctor is receiving by keeping you on these Pills, lifetime, the practice of poly drug over prescription is egregious and you are sicker than you have ever been. Oh, you are living longer which has nothing to do with the pills, however what quality of life do you have? You are experiencing side effects from these Pills that interfere with your daily life and you have bought into the lies that is normal, to be expected and the body will get used to it. Wrong. Dead wrong and that is precisely where you are headed. The body never gets used to toxic residue from these Pills. That is a flat out blatant lie. And we see it in the blood.

And the reason is because you are too lazy and irresponsible to take back control of your health and you hand over your body to pharmaceutical pill company trained Prescription Doctor's that do not have a clue how the body heals. They do not even understand, believe or have been taught that the body has the ability to heal itself given the proper tools and environment. And, you, as well as your well-meaning Prescription Doctor, think you are being kept healthy thru the use of these Pills. You are not. You are being kept sick, miserable and headed to more serious progression of your disease or others, eventually.

You and your health have been hijacked like a cheap car and that is how they are treating you. You continue to buy the extended warranty policies that do nothing to improve your health

The Trifecta previously mentioned is now being used preventatively even though you are not a diabetic, are not hypertensive and do not have high cholesterol levels. Imagine that. Using toxic dangerous Prescription Pills to PREVENT disease? That is not how it works.

You prevent disease and manage your health thru proper nutrition to feed your body at the cellular level and get off your bum and move that great body God provided you with. No other options and no highway exits. Jack LaLanne preached that in the 1940's and was called a quack. I started on this path of serious nutrition and training at 12 years old and the police would pull me over when I was climbing up and down school fences and hopping over planter boxes and sprinting down the street. That is high intensity interval training that all these johnny come lately's and wanna be's tout today.

Over 50 years later, I am called a narcissist for taking care of the vessel God blessed me with through this journey. Other doctors are in shock when they hear that I am not on any Prescription Pills at 64 years old while they are on the poly drug regimen to include opioids and addicted. Hey, if your doctor takes Prescription Pills then that is a good thing right? **Oh, how so few of you are apparently not old enough to remember the days of MD's promoting cigarette smoking in television commercials.**

"What brand of cigarette does your doctor smoke"? Actual line from Camel Cigarette commercials circa 1960. Do you think smoking cigarettes is healthy or preventing disease

because your doctor smokes on TV? Ya, you did and that is why we have had generations of folk addicted to smoking that died of lung cancer and still are. Most of you have never experienced an MD bringing you back to his private office for a consultation as he lit up a cigarette during the consult and smoked. I have.

Is it appearing to you that the Prescription Doctor world will prostitute themselves for monetary gain while peddling poison? They did it then and they are doing it now. Ya'll best start paying attention. The reason the 80% of them that fail you get a free pass is because of the 20% of them in ER crisis care and surgery that pick up the slack for the hacks.

Chemotherapy is a researched documented biohazard poison, not a medicine. And you actually allow them to put it into your body? Start smoking instead! Unbelievable how easy it is to sway and indoctrinate society with falsehoods. Keep telling yourself you can play nose guard in the NFL as a female that is 5 feet tall and tips 'em at a buck 10. Eventually, you will believe it while Gloria Allred is by your side suing the NFL so you can play. Hilarious.

There is no reason whatsoever to ever be on cholesterol Pills. These Pills are the most egregious lie and dangerous to your health and do not prevent heart attacks. Fast forward to the end of this essay if you want to really know why and notice the word **MITOCHONDRIA** and get some real science and an education. Think about it. If cholesterol Pills are so effective, then why is Heart Disease still the number one killer of you? Now think a bit. I know it is exhausting but give it a try. The answer, btw, is at the end if you have not passed out by attempting to think.

There are very rare instances of diabetes that cannot be reversed with lifestyle to include Type 1. BP Pills are another issue and very rarely does someone need to be on those Pills, long-term, if they are treated properly. Once identified, you correct the path you are on and correct the problem. But you are too lazy and irresponsible and then you blame the very people that are attempting to help you and preach real health, not turning folks into drug addicts like your Prescription Doctor.

Hey here is another thing to think about.

What right do you have to berate a heroin addict when you have been addicted to the Trifecta for 20 years and run to your Prescription Doctor drug dealer every month for your fix? Hypocrisy?

And considering most of today's Heroin addicts have been created by the opioid addiction caused by your failed Prescription Doctor system. Why incarcerate the addict when the person that should be imprisoned is the pill pushing Prescription Doctor? The reason the pill pusher Prescription Doctor won't be defrocked is because your courtesan politicians in Washington DC and the AMA are owned and operated by the drug companies and so are the medical schools and the hospitals and the media. **The addict is the victim and the**

prescription doctor system is the culprit. Wow, how our culture of greed and power has changed and they don't give two continentals about you.

You are adding to the problem more so than the heroin addict who will most likely overdose in the near future and not be around for the next 20 years addicted to prescription pills like Lipitor, as insurance premiums rise because prescription pill prices skyrocket due to your insatiable thirst for the easy way out.

Listen up now. Keeping you sick makes a whole bunch of money for them. Keeping you healthy makes a lot of sense(cents) but no money(dollars) for them. Understand how the game works in the year 2018? Because it is all a game, my friend, and you think "they" care. Silly you.

Are you that lame that you think "they" want you healthy? Time to put the binky down. You are a dollar sign to them and since Obamacare, that dollar sign has quadrupled because the Prescription Pill companies owned his soul. Just like the rest of the courtesans you blindly vote for and think they care about you. They don't. BTW....."them"? Who is "them"? Let's start with your bought and paid for courtesans in Washington and let that trickle all the way down to your incentivized Prescription Doctor. I love to visit Disneyland however I don't care to live there.

You now live in a disease management and disease mongering system steeped deeply in the use of Prescription Pills and multiple procedures you never needed like double mastectomy's and removal of your prostate and on and on. Here is an example of what your precious Obamacare did for America and the world. I had thyroid cancer and my thyroid was removed 18 years ago. As a result of none of the prescription thyroid hormone pills agreeing with me and they having no idea of what to do with me, I do not take a prescription thyroid Pill. My Prescription Doctor friends are shocked to hear that and do not understand how I can even function without a thyroid hormone replacement. I learned to support the adrenal glands and regulate cortisol levels, which they scoffed at and still do, due to their incompetency and ignorance and quackery based in Pill Pushing for monetary gain.

The information and science and physiology is there for them to learn from however the truth would place them at risk of losing the Prescription Pill company monetary incentives. As a result, you suffer as they now prescribe you an anti-depressant due to their incompetency.

Prior to Obamacare that non-generic Prescription Pill, Unithroid, was \$90 for a 365 day, one-year supply. Repeat, it cost only \$90 dollars for the WHOLE year. Almost immediately after the AHCA was enacted that price tag shot up to \$1,200 per year. As of this writing, that same Prescription Pill is over \$1,500 per year and rising like a bullet on the hip-hop charts. Why is that you may ask? Why don't you ask your Prescription doctor? But then again you could care less, because your insurance pays for it and you don't have a clue how much your Prescription Pill costs. Hey, and how about diabetic test strips? A 100% increase in just two years.

All Obamacare did for you is dangerous Prescription Pills that put off what you really need and rapid and accurate diagnostics that may save your life and then learn the lifestyle changes to prolong your life without Prescription Pills and disease. Which you will never learn while you stay mired in that failed disease management system. Just because you got Medical, Medicaid or an overpriced PPO or HMO policy with an enormous deductible does not mean you got yourself Health Care. It only means you have a Disease Management Policy that will keep you sick managing your disease with poly Prescription Pill protocols and dog and pony shows called your “yearly wellness physical” which does not prevent disease or reverse it.

Here is another tip for you. **They don't want to reverse disease and certainly do not want to prevent disease.** Why? I already told you. Healthy people do not make them any money. When the media states that a certain disease costs American taxpayers this many billions of dollars a year, where do you think that money goes that comes out of your pocket? To the hospitals, the medical schools and the providers, once called doctors that called the shots, unlike today where the insurance companies make the call on your care. And you say nothing? What used to be called Health Care is now a multi-Billion dollar a year disease mongering industry fueled by obscene Prescription Pill company profit and you allowed it to happen by allowing them to through crap care at your feet. And you pick it up like a homeless dog and gobble it up and swallow it whole. This failure is on you. The first question you ask a doctor's staff is, “do you accept insurance?” God forbid you pay for your negligence, huh? What you are slowly learning is that the “health insurance” policy you thought paid for health care does no such thing.

Now, consider this. Just this year, 2017, at the American Heart Association doctor's annual conference in Anaheim, California the President of the AHA, Dr. Warner, is a 52-year old Allopathic, MD cardiologist that had a heart attack during a presentation. Now the media has tried to blame this on hereditary issues. And even if this is the case, all family history of disease means is that you might have a propensity toward manifesting that disease however it does not mean you will if you adopt a disciplined healthy lifestyle without Prescription Pills. I would bet the farm that Dr Warner was on the Trifecta or at the very least a statin, baby aspirin and blood pressure Pills as prevention because of a family history.

Even the federally funded Genome Project from 2004 determined, with no uncertainty or doubt, that 98% of all diseases are due to aberrant lifestyle choices, NOT HERIDITARY? Whoops, now what?

And in 2008 the American Cancer Society concluded that 95-98% of all cancer is due to aberrant lifestyle, not hereditary. Go look it up. Oh wait, that would mean taking time away from Dancing with the Stars. My bad. It's ok, go back to the Barcolounger throw up your feet have another diet coke with your nacho cheese chips and go to sleep. Just take another Metformin and Prilosec and everything will be fine in the morning.

But wait, there is more folks. If you act today and only today you get the following bonus package and all you have to do is keep your head firmly stuck in the sand and on your prescription pills:

One person in the US dies every 90 seconds of heart disease. Strokes kill someone every 4 minutes. And the majority of them are on some type of cholesterol lowering Prescription Pill, aspirin, Warfarin, high blood pressure Pill and on and on.

These are facts and data put out by the American Heart Association of which Dr. Warner is president. And you think your Lipitor is saving you from a heart attack? And you still take this poison. "Oh my", as Dick Enberg would say, ignorance is bliss. Some say so is death. **And BTW, their data also supports that your obesity is causing all of this and the US is the most obese country in the world.**

It is my genuine and sincere hope, that Dr. Warner recovers and goes on to live a lengthy life as the dedicated physician he is. He is in our prayers. It is also my sincere hope and prayer that he learns how the body heals so he can heal and so he can stop harming his patients and you with ineffective side effect laden Prescription Pills and protocols.

By the way, Jack LaLanne was 95 when he passed, on no Prescription Pill and free of disease. Dr. Warner is 52, diseased on Prescription Pills and was in ICU. Now you can go figure out the proper path to vibrant health free of being shackled to poison and disease. But some of you love your disease for the attention it gets you, don't you? And you get more attention from your doctor and those amazing nurses than you do from your spouses, don't you? That is why you have more doctors than friends, huh?

Calling yourself a cancer survivor gets you the applause you long for, doesn't it? I refuse to call myself a cancer survivor. I am a survivor of the failed treatment of cancer in this country and around the world. Most disease starts in the emotions and manifests in the physical. Sit with that one for a while. The only attention I need is God's attention. Man's attention and, so called, love is fleeting and can be gone in a blink of an eye. God's attention and unconditional love is permanent and will never leave you. Start there by never allowing any doctor or anyone to remove the presence of God within you and replacing it with the presence of fear. You doctor heals nothing or cures anything and nor do I. That is impossible.

Healing comes from within. Awww, shucks that would mean having to take a journey inside and that is much too much work and thought, isn't it? Hey, I hear they now are coming out with binky's that have the Prescription Pill chemicals impregnated in them. There ya go. That means you would need a grocery bag to carry around the 5-12 binkies you will need to suck on, daily.

Personally, I would much rather invest my time in training and recreation as well as shopping for my food or growing it and preparing it myself than waste my valuable time in God's waiting room or what you call a hospital and eating the crap they call food they slop

at you like they do at the fast food trash pails you eat out of. But then again, that takes discipline, accepting responsibility for one's journey here and work, doesn't it?

Most patients exit a hospital more malnourished than when they went into the hospital. How on earth can that happen? And you think hospitals are places of health?

I will leave you with the funny part. My favorite part of doctoring and teaching is looking at your faces when I mention the word Exercise. The majority of folks appear to take on the posture of a deer staring into someone's headlights on a dark snowy rural road or interpreting the word exercise as they should go home and kick little Fluffy, their dog, across the room or suffocate Elvis and Elvira the goldfish. It is hilarious. Here is the real funny part. I don't see healthy folks in my office nor do most doctors. Healthy people have better things to do with their lives than waste our time sitting in the Pill Pusher doctors office waiting for failed care and disease mgt. and more pills. That is all they got for you and you still go back? You could not write a better joke. Or is that simply insanity? Gee, you really do need Prozac, huh?

I called my Pastor, Diego Mesa from Abundant Living Family Church in Rancho Cucamonga, this morning at 5:30am and he was on his mountain bike peddling up steep hills at 5:30 AM. Maybe you did not read that correctly, 5:30 in the AM when it was still dark outside and he had already been up since 3:30am studying.

This was a man that was given a death sentence of 4th stage kidney cancer, had surgery, survived failed chemotherapy and chose to travel a path of real health to include high level organic nutrition, exercise as he has always done at a level that most of you could never imagine and proper rest and recovery. He stays strong and anchored in faith as my father did when they gave him a death sentence of bone marrow cancer with 3 weeks to live. He lived another 47 years without their poison in his body and died of natural causes on no Prescription Pill at 94 years old.

Several years later, Pastor Mesa is stronger than he has ever been, cancer free and a striking model that strives to teach the Word as well as health, globally. He has turned his campus into growing fresh organic fruits and vegetables, has beehives for raw organic honey and soon to come, goats for milk and cheese. And a health center managed by Dessa that provides homemade organic foods from her hand. Dessa has taken Pastor Diego's vision of growing vegetables and fruits for the community to another level of fermenting foods, making creative recipes for healthy meals and transforming the health center into a model that encompasses the entire big idea of NERF, which you will see below. So keep reading.

I have had no cancer in my body for 18 years after my initial diagnosis and surgery and never will, nor will my Pastor. Here is a word for you.....DISCIPLINE. Get some. Regrettably, you lack it and then you complain you are sick? Remember what the Genome Project determined that 98% of ALL disease is due to lifestyle? That means you created your disease and please spare the lies of how you eat good and you exercise and you rest and you pray and you meditate. No you don't. And you cannot blame your diabetes on your

mommy and daddy, any longer.

Consider the following.

Nutrition is the Medicine

Exercise is the Catalyst

Rest Heals

Faith is the Anchor

NERF, for you acronym groupies. My father went “Home”, 1 year ago, this way in tranquility at 94 years. My mother left to go somewhere, about two months ago, yellow as a banana due to all the Prescription Pills that she believed in and passed miserably and painfully due to the liver failure her Prescription Doctor created from the pills. She was sick and miserable for the last 20 years of her life due to the 8-10 Prescription Pills she depended on and took each day. They had a closed coffin because they could not “make her up enough” to tone down the yellow color. It was that bad. The Prescription Pills along with her ignorance and deep belief in a failed system did that and killed her. The choice is yours.

I am completely and absolutely unapologetic for the strength of this message. I am in the trenches with very ill patients and am watching and listening to the stories, like the allopathic MD’s at UCLA that almost killed me. Your Prescription Pills are killing you. Wake up and grow up. This is no game for me as you continue to play your game of irresponsibility with your Pill pusher.

THE TRUTH ABOUT HEART ATTACKS & HEART DISEASE

Your #1 killer ahead of Cancer and MD induced deaths

Because your well meaning cardiologist does not know. Ya, really. They don’t know. How scary is that? Stents do not work and are actually causing more cardiac events especially due to the sloughing off of the coverings, which are causing strokes. By passes are unnecessary because of the body’s innate healing intelligence does that already by growing adjunct vessels to supply the heart muscle. A perfect system, as I have been attempting to teach you for over 30 years. But ya’ll want the quick fix and that quick fix will and is killing you, isn’t it? Returning to vibrant health takes time.

I leave you with one word. **MITOHONDRIA**. Go look it up if it does not take too much time away from Judge Judy or Dr. Phil. BTW, anyone that wants to learn the average intelligence of Americans, just watch those programs and you pretty much got it. Throw in Jerry Springer, TMZ, Oprah, Ellen, The View, Wendy and all the other brain dead shows and you have a full picture of an American citizen. And the programming simply gets worse as years go by because Americans no longer have the ability to critically think. As a result, you do not demand programming that stimulates positive brain activity and thought as

opposed to destroying it. And nowhere is it more evident than in what we call health education or care in this country of which there is none.

Now back to the **MITOCHONDRIA**. I have been absolutely preaching, for over 40 years, way back as a graduate assistant and working in the Exercise Physiology lab, the importance in maintaining the integrity of the Mitochondria when most doctors forgot what that was or even knew it is actually a bacteria and critical, to say the least, responsible for cellular respiration and the production of energy. Guess what your Prescription Pills do to the Mitochondria? All of them. Suffocate the Mitochondria and kill them and that is why you can never be healthy if you are any type of prescription pill. Without full functioning Mitochondria, you slowly die a Prescription Doctor induced suicide. That is why every Johnny come lately Prescription Doctor, like Mercola, who I actually like and promote, are just now coming out of the woodwork and promoting the health of the Mitochondria. And then you come to me and ask, "Have you ever heard of the Mitochondria, it is all the rage and all the kids are talking about it at the raves"? Is it better than XTASY, I ask!!!! Throw in a tab of acid and I am all in! Hilarious.

This suffocation increases lactic acid and RESTRICTS blood flow, the cardiac muscle cramps and the heart cannot contract and you die of a heart attack or stroke at the hand of your Prescription Doctor. That is how it works. There is more in terms of the detail of the in depth cellular detail but you could care less about it and you allow them to kill you at the cellular level and you don't even know or care because you want the easy way out, huh? There is no easy way out. Get off your blessed assurance, exercise and eat nutritious organic food or die sick and miserable. And you have chosen to die as you berate the "natural" route, whatever that is. You are hilarious and it is all on you. OWN YOUR DEMISE at the hands of your well meaning Prescription Doctor that has murdered you with the cut, poison, burn ignorance plan which has failed you for over 70 years.

Now, please explain to me, what the "NATURAL" route is. 'I tried the natural way for 22 and 1/3 days after 4 years of surgery, chemo, radiation and failed Allopathic so called help and the natural way did not work". Really? No really. Grow up from your deep emotional turmoil world that took you into your demise. Look at yourself. Your Prescription Doctor did not kill you, but you will.

Now, what to do? Lifestylequixotica has formulated "**MITOSYNERGY**". Why did we have to do that? Because the Mitochondrial Resuscitation protocol I have prescribed for over 30 years was much too time consuming for you. At least 2.5 minutes 3-5 days per week. How so very exhausting, huh? However, you will stand in line at Starbuck's for 20 minutes every morning to pay 7 dollars for a toxic *Vente soy chai latte with a hint of orange extract and give me the foam on the side*, trash pail drink.

So we had to create a capsule that takes about 5 seconds to swallow. That's why. The irresponsibility and laziness forced us to do that. One more supplement to handle and deal with that I really want no part of, unlike the online and KCET hacks that that is all they want to do, is sell product. I don't. I want to teach the truth in health. The problem is you don't want to hear it. You would simply rather drop another pill and that is why the

prescription doctors get away with what they do. Pushing Pills. I think we have a new designation here if you have noticed by now, which I doubt you picked up on. The P.D. or Prescription Doctor, practicing the fine art of PP or Pill Pushing. PD's that PP. You can do better than that, friend. Much better. Why would you lower yourself to that? You really don't care about yourself that you are allowing your slow suicide?

Hey, if that is all you want to do, then follow Dr. Timothy Leary's suggestion. Dr. who? Google it. Actually, what a great idea. You might as well be "trippin" while your prescription doctor is "trippin" as they attempt to speak about health.

Mitosynergy incorporates orthomolecular nutraceutical elements to support Mitochondrial health and resuscitation. Along with Ubiquinol, Immune Synergy and Florabiotic + Enhanced, we created a recipe for long term vibrant cellular regeneration and health with no side effects other than a healthier life without the pain and loss of function that comes along with the guessing game of your Prescription Doctor. And it is a guessing game. Be crystal clear on that one.

The new designation of "PD" or Prescription Doctor is actually quite appropriate because that identifies and exposes also the DO's or Osteopaths and the ND's Naturopathic Doctors, who PP as well. So, out of respect and consideration for the DO's and ND's, the new designation is important so the MD's don't get all the credit for PP. And to be fair, there was a day when the DO's and ND's did not PP and were thought to be health centered care. Those days are gone and will never return. Once you see how much money that prescription pad can make you, you quickly forget that Hippocrates, the Father of Modern Medicine, circa 375BC (BC means Before Christ), stated.....

"Let Food Be Thy Medicine And Medicine Be Thy Food"

The Hypocratic Oath? Ya, pretty funny. Kiss that one goodbye. Hence the word
"Hypocrite"

**As Doc Holiday once said, "Hypocrisy knows no bounds."
Yours or theirs**

The term "Medicine" and or "Medication" have nothing to do with what the PD or Prescription Doctor's do. Pharmaceutical Pills are not Medicine. Look up the term Medicine. They do not practice Medicine. They have simply hijacked that term as well as your health.

At HIS Feet

